

MENTAL HEALTH FORUM

**Creating Awareness &
Forming Partnerships
To enhance mental well-being**

Wednesday 27 May 2009
6.30 PM – 9.00 PM

MARY MACKILLOP HALL
Ryan Community Centre
Canterbury Road, Kirwan

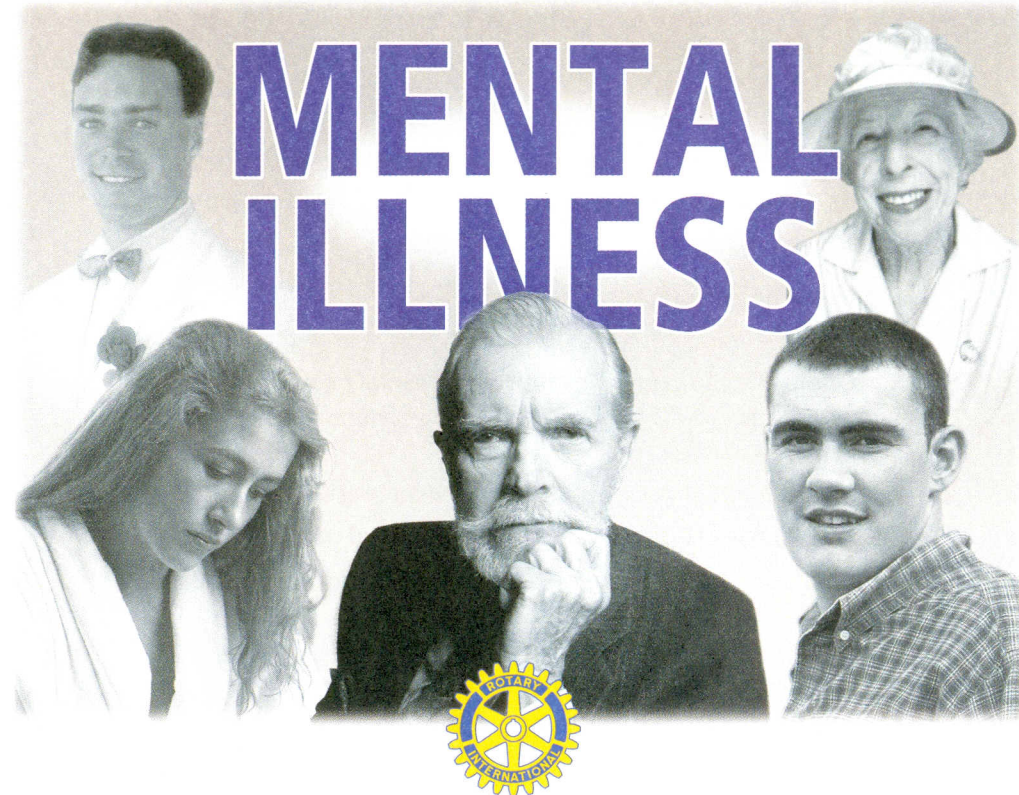
You are invited to a community forum hosted by
the Rotary Club of Mundingburra and Australian
Rotary Health. **YOU ARE MOST WELCOME.**



"By Australians For Australians"

www.arhf.org.au

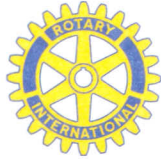
COMMUNITY FORUMS



A nation-wide community project sponsored by Rotary clubs,
the Commonwealth Department of Health and Aged Care
and beyondblue.



"By Australians For Australians"



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Rotary, through the Australian Rotary Health Research Fund is organising a series of Community Forums on Mental Illness throughout Australia.

The aim of the forums is as follows:

- 1 To help de-stigmatise mental illness
- 2 To bring the community in contact with mental health services and support groups to enable members of the community to develop their own resources
- 3 To stress the importance of early recognition and treatment
- 4 To clear up the myths and misunderstandings of mental illness
- 5 To offer future hope for consumers and carers and better understanding from others
- 6 To form ongoing partnerships between Rotary clubs and mental health services and support groups

Who should attend these Forums?

All members of the general public are invited to attend these forums but they will no doubt have particular interest for anyone with a close friend or family member who is suffering from a mental illness.

People experiencing mental illness, health professionals and carers will be invited to attend the forums to present an informed point of view and answer your questions.

Key note speakers will undermine some of the existing prejudices commonly associated with mental illness.

See back page for details on a Community Forum dealing with Mental Illness to be held in your locality.

What is the Australian Rotary Health Research Fund?

The Australian Rotary Health Research Fund was started by the Rotary Club of Mornington in Victoria in 1981 to help fund research into Cot Death (SIDS). Since then over \$8 million has been provided for research into a variety of health issues including adolescent health, environmental health, problems of the aged and now, mental illness.

The Fund has pledged \$5,000,000 for research that will, hopefully, improve the treatment of mental illness and find the causes behind this distressing facet of community health.

Since its inception, significant positive findings have been reported. This research success vindicates past funding by Rotarians, Rotary clubs and the general community and provides inspiration for future support of medical research through the Fund.

Why not become a "Friend of the Fund"?

Mental illness, touches people from every walk of life: the rich, the poor, the young and the old. Your tax deductible donation for research into the causes and possible cures for mental illness may therefore eventually benefit you, your family, or your close friends.

For further details, phone Joy Gillett, CEO, Australian Rotary Health Research Fund on (02) 9633 4888

Mental illness affects one in five Australians

